

## Inherent Requirements for the Diploma of Nursing HLT541

CIT is committed to making reasonable adjustments to learning, assessment, and other activities to enable student participation in the course. However, there are inherent requirements for the nursing profession, and it is important if potential students are considering working as a nurse to have knowledge of these. This will enable satisfactory course completion with the ability to work safely as a nurse in industry.

The inherent requirements of a job will vary depending on what the job is they may include: t

1. Legal, Ethical & Professional Behaviour  
Enrolled Nurse Standard of Practice this statement relates to: Standard 1

Description

Nursing practice is mandated by legislation to enable safe

## 2. Behavioural stability and mental health

Enrolled Nurse Standard of Practice this statement relates to: Standard 5

### Description

Nursing is a demanding role and requires the nurse to work in a diverse, complex, and rapidly changing environment. Behavioural stability is required to function and adapt effectively and sensitively in both the academic and health care environments. Behaving responsibly and working within their scope of practice are essential capacities as a nurse.

Stable and consistent mental health promotes optimal engagement in the education environment and in health care settings and allows for the development of the adaptive qualities the profession requires.

What are some

examples of

be respectful, clear, attentive, empathetic, honest, and judgmental. Effective written communication is a fundamental nursing responsibility with professional and legal ramifications.

- x Participate in group discussions, learning activities and simulation.
- x Follow instructions from teaching staff, placement facilitators, and staff in the health care environment.
- x Complete written assessments such as exams, reports, essays, and case studies to AQF level 5.
- x Respond appropriately to patients by using open body language, eye contact, facial expressions.
- x Recognise and respond appropriately to nonverbal cues in the health environment

What are some examples of this?

#### 4. Health Informatics and Health Technology

Enrolled Nurse Standard of Practice this statement relates to: Standard 7

##### Description

Nursing informatics relates to knowledge and skills required by the nurse to integrate, manage, communicate data, information, and knowledge in nursing practice. Health technology refers to the application of organised knowledge and skills in the form of devices, medicines, vaccines, procedures, and systems developed to solve a health problem.

## 5. Cognition

Enrolled Nurse Standard of Practice this statement relates to: Standard 4

### Description

Cognition is the ability to perceive, process and understand information through language, learning, memory, and problem solving. This course requires knowledge of theory and the skills of cognition, literacy, and numeracy. It also involves the requirement to apply these skills to health care practice.

- x Ability to read, write, understand and apply information and documents (e.g. reports, forms, etc.)

What are some examples of this?

<p>6. Sensory Abilities</p> <p>Enrolled Nurse Standard of Practice this statement relates to: Standard 4,7</p>	
<p>Description</p> <p>Accurate visual acuity, sufficient auditory and tactile skills (ability to perceive information coming from the skin touch) are all required to provide safe and effective nursing care.</p>	
<p>What are some examples of this?</p>	<p>Visual:</p> <ul style="list-style-type: none"> <li>x Accurately draw up medication to administer to patients</li> <li>x Adequate vision to read very small print (e.g. measurements along a syringe, medication container labels, expiry dates)</li> <li>x Perform documentation and rapidly review patient charts and medical records to determine care</li> <li>x Observing patient health care status and adjusting care to suit individual requirements</li> </ul> <p>Hearing:</p> <ul style="list-style-type: none"> <li>x Accurately take a blood pressure measurement by auscultation</li> <li>x Respond to care request by hearing call bell or calls for help</li> <li>x Able to respond appropriately to machine alarms e.g. IV pumps instructions in a timely and effective manner</li> <li>x Able to detect changes in respiration quality and rate through sound.</li> <li>x Sufficient auditory and tactile ability is necessary to monitor, assess and manage individual's health needs consistently and accurately</li> <li>x Verbal hand over of patient care is an important part of a normal working day in the life of a health care professional, which is taught and practiced at CIT</li> <li>x Sounds may be coming from behind and around you, requiring a rapid response to call for medical help</li> <li>x Wearing of masks and face shield are a requirement at CIT in the Simulated Learning Environment, which replicates real work environment</li> </ul> <p>Tactile:</p> <ul style="list-style-type: none"> <li>x Detect changes in observations e.g. palpate a pulse</li> <li>x Conduct a physical assessment and detect any anatomical abnormalities- lumps, changes to abdominal tension.</li> <li>x Detect discreet changes in patient surface temperature and detect changes in circulation status e.g. Cool and clammy or hot skin.</li> <li>x Provide therapeutic touch to comfort a patient</li> </ul>
<p>Why is this important?</p>	<p>Visual observations, examination and assessment are fundamental to safe and effective nursing practice.</p>





<p>8. Sustainable Performance</p> <p>Enrolled Nurse Standard of Practice this statement relates to: Standard 1, 6, 9</p>	
<p>Description</p> <p>Nursing practice requires physical, mental, and emotional performance at a consistent and sustained level over time.</p>	
<p>What are some examples of this?</p>	<ul style="list-style-type: none"> <li>x Maintain a consistent level of physical energy to complete specific tasks in a timely manner over a designated work period.</li> <li>x Ability to perform repetitive activities with a level of concentration that ensures a capacity to focus on the activity until it is completed appropriately.</li> <li>x The capacity to maintain consistency and quality of performance throughout the designated period of duty.</li> </ul>